

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: AZV

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claassen Benny HEADCOACH

Coaches: Verachttert Elke

Coaches: Torfs Agnes

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:5, starttime: 09:10
Heat: 5/27 Lane : 0 Athlete: LAURYSSSEN NETTE			Q-time: 01:23:09
PB (50m pool): 01:23.09 Wezenberg 01/02/2026			PB (25m pool): 01:20.10 SB: 01:23.09 Wezenberg 01/02/2026
PB	5 0 M	1 0 0 M	
	00:39.17	01:23.09	
	00:39.17	00:43.92	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 09:10
Heat: 6/27 Lane : 6 Athlete: VAN COTTHEM NIKA			Q-time: 01:21:37
PB (50m pool): 01:21.37 Wezenberg 01/02/2026			PB (25m pool): 01:18.90 SB: 01:21.37 Wezenberg 01/02/2026
PB	5 0 M	1 0 0 M	
	00:39.17	01:21.37	
	00:39.17	00:42.20	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:8, starttime: 09:15
Heat: 8/27 Lane : 5 Athlete: PEETERS LENA			Q-time: 01:17:26
PB (50m pool): 01:17.26 Wezenberg 01/02/2026			PB (25m pool): 01:14.84 SB: 01:17.26 Wezenberg 01/02/2026
PB	5 0 M	1 0 0 M	
	00:37.53	01:17.26	
	00:37.53	00:39.73	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:19, starttime: 09:35
Heat: 19/27 Lane : 5 Athlete: LAMBRECHTS LOES			Q-time: 01:06:72
PB (50m pool): 01:08.01 Wezenberg 03/01/2026			PB (25m pool): 01:06.14 SB: 01:08.01 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:33.31	01:08.01	
	00:33.31	00:34.70	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 09:55
Heat: 3/24 Lane : 5 Athlete: VERSTRAETEN DJURRE			Q-time: 01:59:02
PB (50m pool): 01:59.02 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	00:56.40	01:59.02	
	00:56.40	01:02.62	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:8, starttime: 10:05
Heat: 8/24 Lane : 5 Athlete: WILLEMS IWAN			Q-time: 01:37:02
PB (50m pool): 01:37.02 Wezenberg 01/02/2026			PB (25m pool): 01:40.41 SB: 01:37.02 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:45.87	01:37.02	
	00:45.87	00:51.15	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:15, starttime: 10:20
Heat: 15/24 Lane : 9 Athlete: WILLEMS RUBEN			Q-time: 01:24:68
PB (50m pool): 01:38.84 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 01:24.68 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:38.84	
	no time		
			

Coach feedback:

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Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:18, starttime: 10:25
Heat: 18/24 Lane : 2 Athlete: LEMMENS NOAH			Q-time: 01:20:05
PB (50m pool): 01:17.57 Antwerpen 15/03/2026			PB (25m pool): 01:16.75 SB: 01:17.57 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.96	01:17.57	
	00:36.96	00:40.61	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:20, starttime: 10:30
Heat: 20/24 Lane : 9 Athlete: KEISERS TIBO			Q-time: 01:18:16
PB (50m pool): 01:19.07 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:16.07 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.48	01:19.07	
	00:36.48	00:42.59	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 11:00
Heat: 4/25 Lane : 4 Athlete: PEETERS LENA			Q-time: 01:38:70
PB (50m pool): 01:39.17 Wezenberg 04/01/2026			PB (25m pool): 01:38.70 SB: 01:39.17 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:49.03	01:39.17	
	00:49.03	00:50.14	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:00
Heat: 5/25 Lane : 1 Athlete: VAN COTTHEM NIKA			Q-time: 01:38:14
PB (50m pool): 01:38.14 Wezenberg 04/01/2026			PB (25m pool): 01:31.83 SB: 01:38.14 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:49.07	01:38.14	
	00:49.07	00:49.07	
			

Coach feedback:

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Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:05
Heat: 6/25 Lane : 1 Athlete: LAURYSSSEN NETTE			Q-time: 01:35:42
PB (50m pool): 01:37.33 Wezenberg 01/02/2026			PB (25m pool): 01:35.42 SB: 01:37.33 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:47.18	01:37.33	
	00:47.18	00:50.15	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:17, starttime: 11:25
Heat: 17/25 Lane : 1 Athlete: LAMBRECHTS LOES			Q-time: 01:18:67
PB (50m pool): 01:23.44 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:18.67 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.29	01:23.44	
	00:41.29	00:42.15	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 11:50
Heat: 4/22 Lane : 1 Athlete: VERSTRAETEN DJURRE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 11:50
Heat: 5/22 Lane : 4 Athlete: WILLEMS IWAN			Q-time: 01:33:36
PB (50m pool): 01:35.26 Wezenberg 04/01/2026			PB (25m pool): 01:33.36 SB: 01:35.26 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:43.29	01:35.26	
	00:43.29	00:51.97	
			

Coach feedback:

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Event number: 21: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 12:05
Heat: 13/22 Lane : 9 Athlete: LEMMENS NOAH			Q-time: 01:15:22
PB (50m pool): 01:17.55 Antwerpen 13/07/2025			PB (25m pool): 01:15.22 SB: 01:20.51 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:36.11	01:17.55	
	00:36.11	00:41.44	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:15, starttime: 12:10
Heat: 15/22 Lane : 5 Athlete: WILLEMS RUBEN			Q-time: 01:09:61
PB (50m pool): 01:13.18 Mol 22/06/2025			PB (25m pool): 01:07.46 SB: 01:15.25 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:33.40	01:13.18	
	00:33.40	00:39.78	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:19, starttime: 12:15
Heat: 19/22 Lane : 5 Athlete: KEISERS TIBO			Q-time: 01:03:78
PB (50m pool): 01:04.45 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:03.15 SB: 01:04.49 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	00:29.28	01:04.45	
	00:29.28	00:35.17	
			

Coach feedback: